

Grupo de Investigación en Acuicultura

Nutrition of Meagre (*Argyrosomus regius*): Advances in larval and juvenile nutrition.

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WP 8. Nutrition in Meagre



Objective: to better define the nutritional needs of meagre during both pre-growing and on-growing phases to improve growth consistency and fish health and welfare

Task 8.1. Improvement of larval weaning feeds (Led by FCPCT-ULPGC)

Task 8.2. Determination of nutritional requirements to promote feed utilization, growth and welfare (Led by FCPCT- ULPGC)





WP 8. Nutrition in Meagre

Task 8.1. Improvement of larval weaning diets

1. Optimum essential fatty acids and related micronutrient levels in weaning diets for meagre

2. Importance of dietary vitamins A, K and D in weaning diets for meagre

3. The importance of Vitamin K in quality of meagre fry







Task 8.1. Improvement of larval weaning diets. 1. essential fatty acids + micronutrients

Table 1. Variable ingredients and proximate composition (g 100 g⁻¹dw) of early weaning diets containing several n-3 HUFA, vitamin E and vitamin C levels fed to meagre (*A. regius*) larvae from 14 to 28 dah.

	Diets						
	0.4/150/180	0.4/300/180	0.4/300/360	3/150/180	3/300/180	3/300/360	
Ingredients							
Peruvian	0.00	0.00	0.00	10.00	10.00	10.00	
anchovy oil							
Oleic acid ^a	10.00	10.00	10.00	0.00	0.00	0.00	
Vitamin E*	150.00	300.00	300.00	150.00	300.00	300.00	
Vitamin C*	180.00	180.00	360.00	180.00	180.00	360.00	
Proximate							
composition							
Lipid	16.01	17.09	17.06	17.52	17.34	17.44	
Protein	65.14	64.72	64.97	65.43	65.45	64.88	
Moisture	10.32	10.59	9.38	9.67	9.39	9.35	
Ash	5.47	5.55	5.70	5.88	5.73	5.81	

Experimental design

Material & Methods

3000 larvae in 15 tanks (200l) 17 dph-33 dph 16 days of feeding

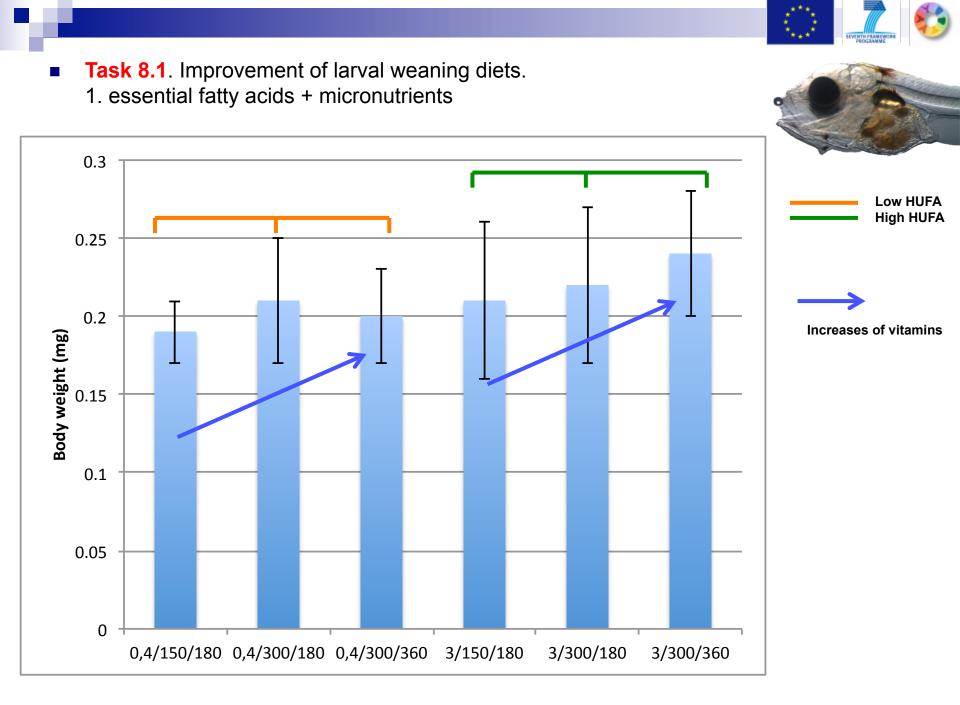


Feeding routine: Every 45 min From 8 am to 7pm Daily tasks:

T^a, O₂ ,Saturation_, Siphoning, Skimmer Daily Mortality



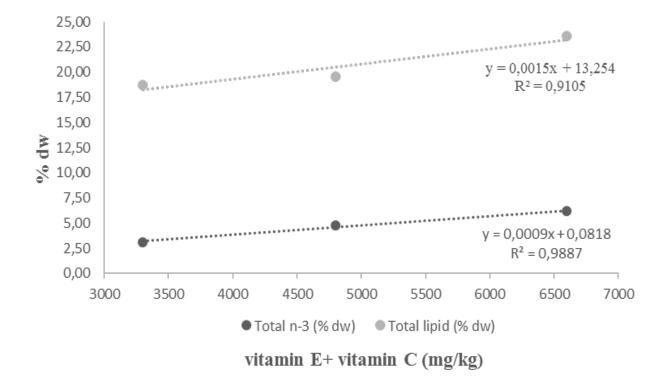




Task 8.1. Improvement of larval weaning diets.
1. essential fatty acids + micronutrients

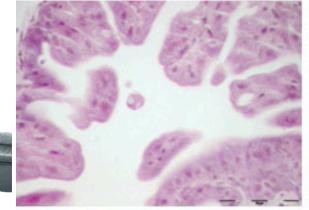


Effect of dietary vitamin E and C on lipid and n-3 contents (dw) in meagre (*A. regius*) larvae after 14 days of feeding 3% HUFA diets

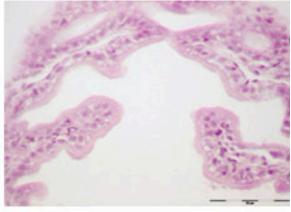


Morphological study H&E stain





Intestine of larvae 0.4/150/180 (40X) scarce lipid vacuoles accumulation in the enterocytes;



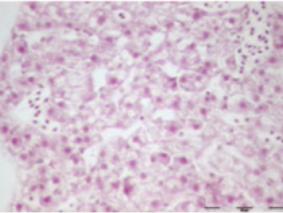
Intestine larvae 3/150/180 (40X) large lipid vacuoles around the nucleus and in the basal part of the enterocytes;

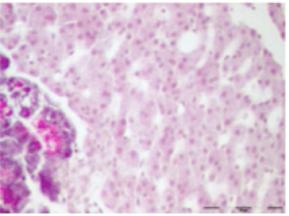
Increased lipid mobilization



liver larvae 0.4/ 150/180 (40X) hepatocytes with high lipid vacuoles deposition

liver larvae 3/150/180 (40X) condensed hepatocytes with centred nucleus and marked cytoplasm staining;









Task 8.1. Improvement of larval weaning diets.

1. essential fatty acids + micronutrients

0.4% dietary HUFA is not enough to cover the essential fatty acid requirements of larval meagre and, since their elevation up to 3% markedly improved lipid absorption, essential fatty acids levels and growth, a high HUFA requirement in weaning diets is foreseen for this species.

pointed out the importance of dietary vitamin E and vitamin C to protect these essential fatty acids from oxidation, increase their contents in larval tissues and promote growth, suggesting as well high vitamin E and vitamin C requirements in meagre larvae (higher than 1500 and 1800 mg kg⁻¹ for vitamin E and vitamin C, respectively).





		Diets			
	С	C+Taurine	C-Vit K	C-Vit D	C-Vit A
Ingredients					
Taurine ⁱ	0.0	200.0	0.0	0.0	0.0
Vit K ^j	17.3	17.3	0.0	17.3	17.3
Vit D ^k	3.7	3.7	3.7	0.0	3.7
Vit A ¹	0.3	0.3	0.3	0.3	0.0
Proximate					
composition (%)					
Crude lipids	16.4	16.2	16.5	17.1	17.9
Crude protein	76.0	75.9	76.4	76.4	76.1
Moisture	13.7	13.6	13.6	13.8	13.8
Ash	6.5	6.5	6.5	6.6	6.5
Taurine ¹	4.0	5.8	4.0	4.0	4.0
Vitamin K ²	2.4	2.4	0.0	2.6	2.2
Vitamin D ³	28.9	29.0	30.4	2.3	27.4
Vitamin A ⁴	4.2	4.3	4.2	4.3	4.1



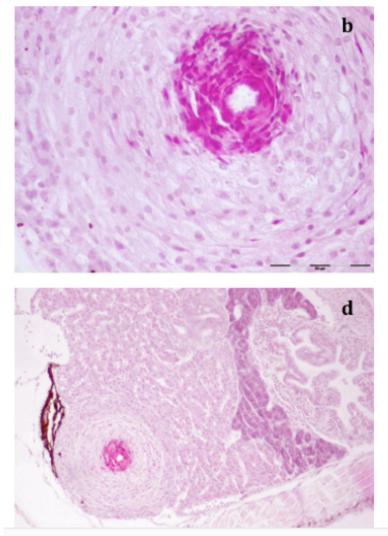


			Diets			
		С	C+Taurine	C-Vit K	C-Vit D	C-Vit A
Total length	26 dah	8.3±1.0 ^a	8.5±0.9 ^a	8.5±1.0 ^ª	8.9±1.0 ^b	8.6±1.0 ^a
	33 dah	11.5±1.7 ^ª	11.7±1.3 ^a	12.8±1.6 ^{b*}	12.6±1.3 ^b	12.2±1.7 ^b
Body weight	26 dah	0.7±0.1 ^a	0.8±0.1 ^a	0.7±0.1 ^a	0.9±0.2 ^b	0.8±0.2 ^a
	33 dah	2.4±0.6 ^a	2.3±0.4 ^a	3.2±0.2 ^{b*}	3.3±0.2 ^b	2.5±0.3 ^a
Survival (%)		16.7±6.5	12.9±1.2	7.1*	17.7±12.3	19.0±0.5

Effect on systemic granulomatosis

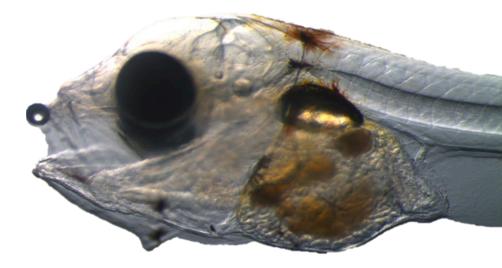
		33 dah	
Diets	Total	Stage I	Stage II
С	0.0±0.0	0.0 ± 0.0	0.0 ± 0.0
C+Taurine	0.0±0.0	0.0 ± 0.0	0.0 ± 0.0
C-Vit K	12.5±10.6	5.0±7.1	7.5±3.5
C-Vit D	3.3±2.9	1.7±2.9	1.7±2.9
C-Vit A	8.3±10.4	6.7±7.6	1.7±2.9





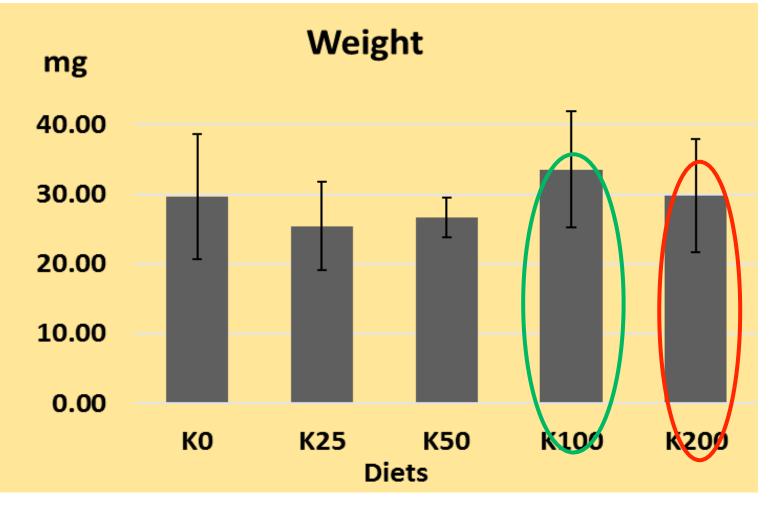


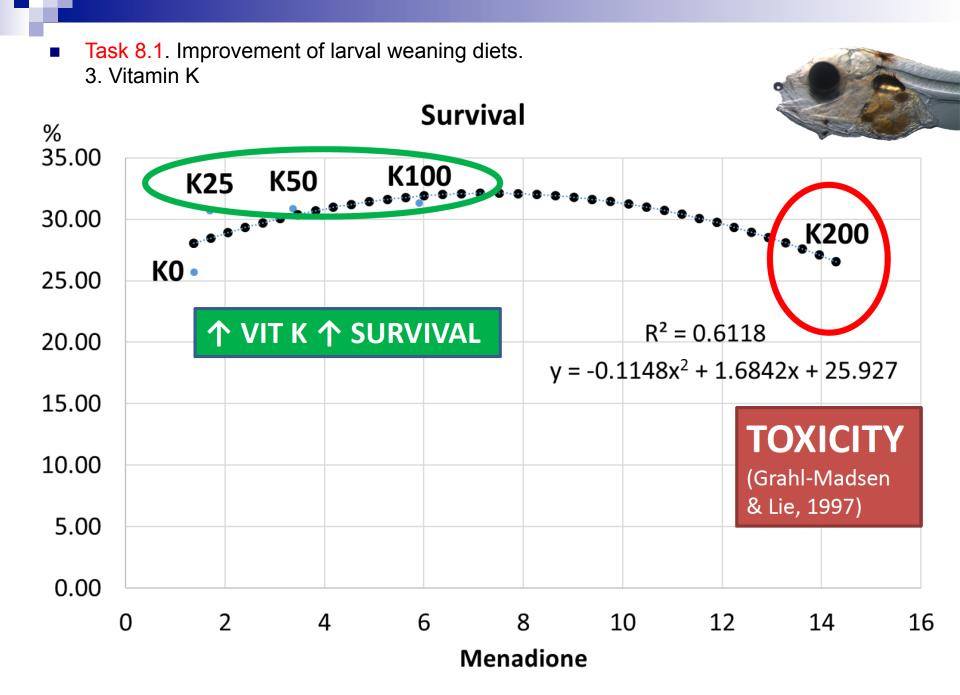
- supplementation of meagre weaning diets with 2.4 mg/kg vit K, since the absence of this vitamin markedly reduced larval survival.
- very sensitive to hypervitaminosis D and, only midly to hypervitaminosis A, since supplementation with these vitamins leaded to a growth reduction.
- taurine supplementation did not have any effect in meagre larvae performance



Task 8.1. Improvement of larval weaning diets. 3. Vitamin K **Diets Ingredients (%) KO** K200 K25 **K50** K100 72.9 72.9 72.9 72.9 **Squeed meal** 72.9 Krill oil 10 10 10 10 10 Menadione SB (mg/kg) 0 4.32 8.64 17.28 34.56 Vit E (g/kg) 0.3 0.3 0.3 0.3 0.3 Vit C (g/kg) 0.4 0.4 0.4 0.4 0.4 **Proximate composition KO** K25 **K50** K100 K200 (%) Proteins 72.9 68.5 70.8 66.9 68.6 Lipids 14.4 15.6 15.7 13.7 15.0 Ash 6.5 6.1 6.1 5.8 6.1 Moisture 9.9 9.3 11.3 10.5 9.6 1.69 3.37 5.90 1.37 14.30 Menadione SB (mg/kg)

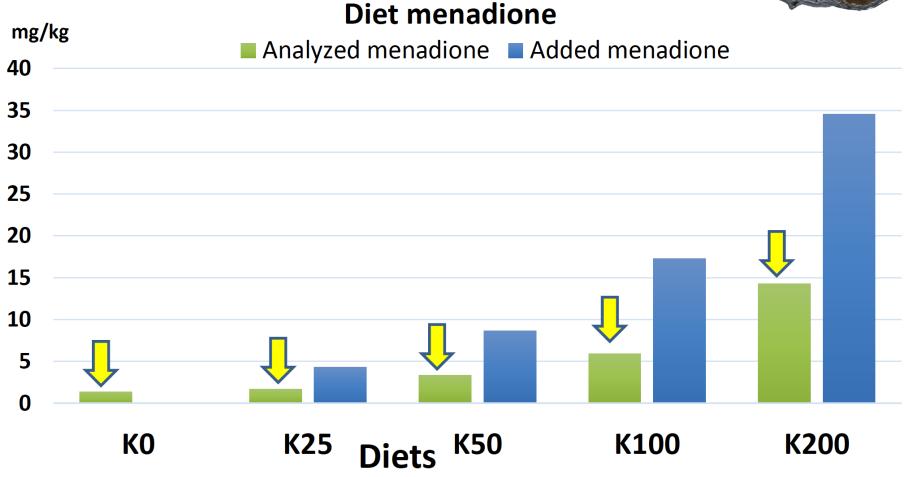






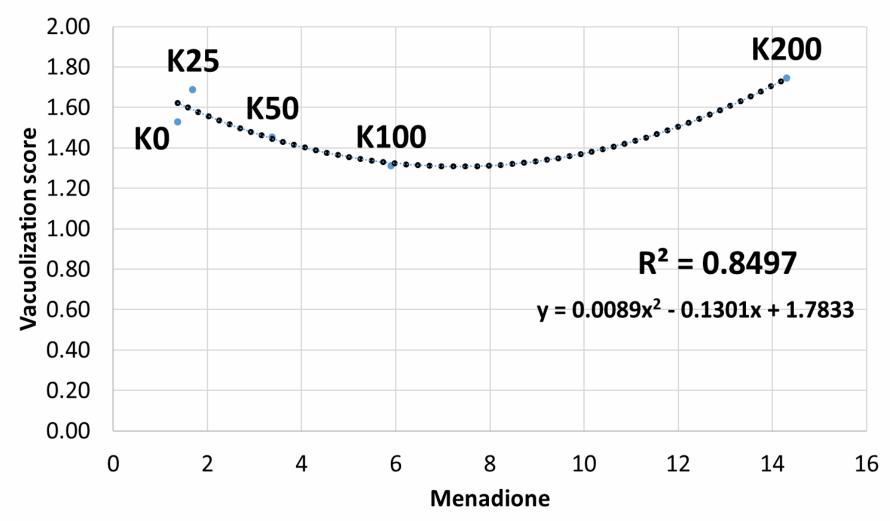
Task 8.1. Improvement of larval weaning diets.3. Vitamin K





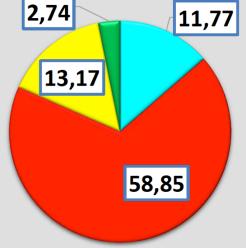


Liver vacuolization

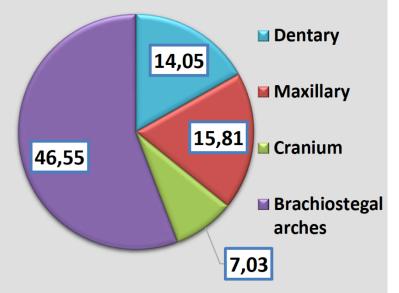




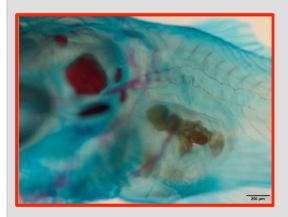
Vertebral regions anomalies



💶 Cephalic 🔳 Pre-haemal 😐 Haemal 🖿 Caudal

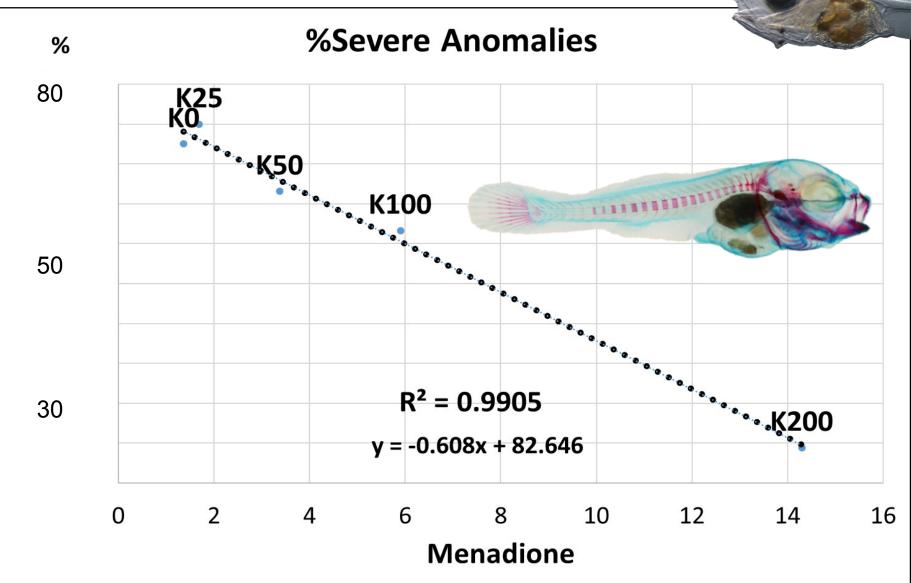


Cephalic anomalies





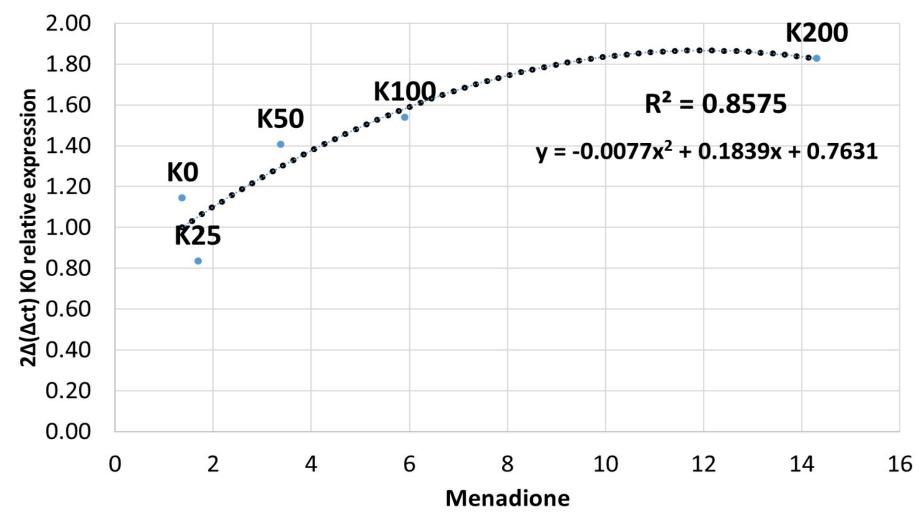




Relationship between menadione and MGP gene expression



Matrix GLA protein MGP

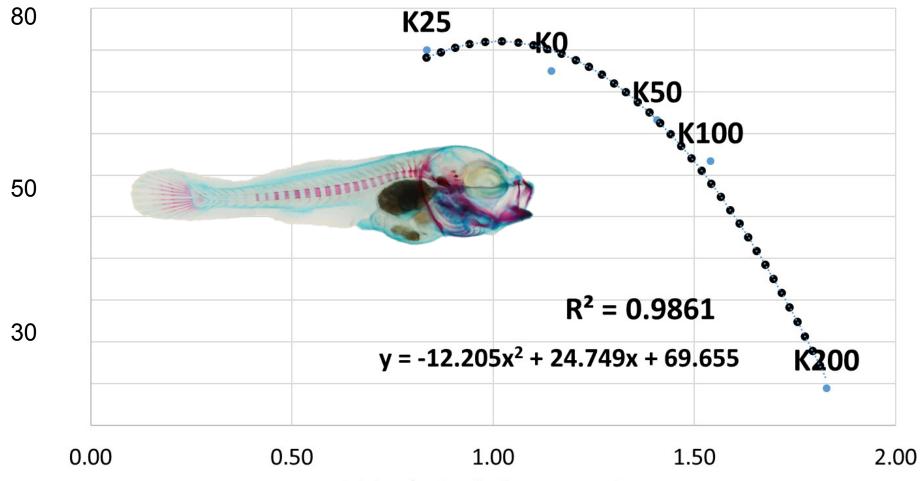


Relationship between anomalies and MGP gene expression

%



%Severe Anomalies vs MGP



 $2\Delta(\Delta ct)$ K0 relative expression

5.90 mg/kg of menadione in diet shows a trend to increase growth and survival of meagre larvae, however, large amount seems to decrease growth and survival, possibly due to its toxic potential.

Low levels of vitamin K may interfere in lipids utilization, increasing intestinal and hepatic steatosis.

5.90 mg/kg of menadione may be an adequate level for meagre larvae good performance.





 Task 8.2 Determination of nutritional requirements to promote feed utilization, consistent growth rates and fish welfare.



Implementation: FCPCT, SARC



Objective

Evaluate the effect of 5 increasing dietary n-3 HUFA levels on:

- ✓ Growth performance
- Feed utilization
- Whole-body composition
- Desaturase and elongase gene expression

 Estimate the effect of vitamins for meagre fingerlings health



SEVENTH FRAMEWORK

Methodological approach



Dietary treatments	
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Composition (%) and proximate analysis of the experimental diets for meagre fingerlings.

	Dietary n-3 HUFA level (%DM)						
SKRETTING -	<	0.8	1.4	2.0	2.6	3.6	
SKKLITING	Ingredients (%)						
	Fish meal, N. Atlantic ⁴	15.0	15.0	15.0	15.0	15.0	
16.5% DM lipids	Corn gluten ^b	10.0	10.0	10.0	10.0	10.0	
		10.0	10.0	10.0	10.0	10.0	
0.9 EPA/DHA	Wheat*	8.0	8.0	8.0	8.0	8.0	
0.1-0.7% ARA (of total FA)	Wheat gluten*	18.4	18.4	18.4	18.4	18.4	
Feeding: 3x/day until		25.0	25.0	25.0	25.0	25.0	
apparent satiety during 30	Fish oil, S. American ^a	0.0	2.7	5.4	8.2	10.9	
days.	Linseed oile	1.6	1.2	0.8	0.4	0.0	
	Palm oil ³	.3.3	2.5	1.7	0.8	0.0	
	Rapeseed oil*	6.0	4.5	3.0	1.5	0:0	
	Premix ^d	2.8	2.8	2.8	2.8	2.8	
	Proximate analysis (% DM)					
	Protein	56.5	54.5	54.5	56.0	54.3	
	Lipids	16.2	17.0	16.5	16.9	16.2	
	Ash	4.9	5.0	5.1	5.2	5.0	
	Moisture	8.7	8.5	8.5	8.2	7.9	





Methodological approach

Rearing conditions

- IBW: 2.8 g; IBL: 6.4 cm
- 200 L tanks (3 x treatment)
- 45 fish/tank
- Temperature: 23±0.2 °C





Final sampling

- Biological parameters: body weight, lenght and feed intake
- Biochemistry: whole-body composition and diets (protein, lipids, FA content, ash and moisture)
- Gene expression in liver: ∆6 desaturase and ElovI5



Results- Growth performance

	Dietary n-3	HUFA level (%D	M)		
	0.8	1.4	2.0	2.6	3.6
Survival (%)	93.3±0.7	97.8±1.3	99.3±0.7	94.8±1.5	97.8±2.2
Initial total length (cm)	6.4±0.0	6.3±0.1	6.3±0.0	6.4±0.0	6.2±0.0
Final total length (cm)	9.0±0.1°	9.4±0.1 ^b	9.3±0.1 ^{ab}	9.6±0.1*	9.3±0.1 ^{be}
Initial body weight (g)	2.8 ± 0.1	2.8±0.1	2.7 ± 0.1	2.7±0.1	2.6±0.1
Final body weight (g)	9.5±0.3b	10.4±0.3*	10.2 ± 0.4	10.7±0.3*	10.4±0.3*
WG (g)	6.7±0.4	7.5±0.4	7.6±0.3	8.0±0.3	7.8 ± 0.2
SGR (% day=1)	4.1 ± 0.1	4.3±0.2	4.5±0.1	4.5±0.1	4.6 ± 0.1
TGC	1.0 ± 0.0	1.1 ± 0.1	1.1 ± 0.0	1.2±0.0	1.2 ± 0.0
FI (g feed fish ⁻¹ day ⁻¹)	0.2±0.0	0.2±0.0	0.2±0.0	0.2±0.0	0.2 ± 0.0
FCR	0.8±0.1	0.7±0.0	0.7±0.0	0.7±0.0	0.7±0.0
K (%)	1.3 ± 0.0	1.3 ± 0.0	1.3 ± 0.1	1.2 ± 0.1	1.3 ± 0.0
PER	2.4 ± 0.2	2.6±0.1	2.5 ± 0.1	2.6±0.1	2.6 ± 0.1

Different letters are significantly different (P<0.05)

- No external signs of EFA-deficiency nor mortality
- Higher growth rates and good feed conversion ratios



Results- Growth performance

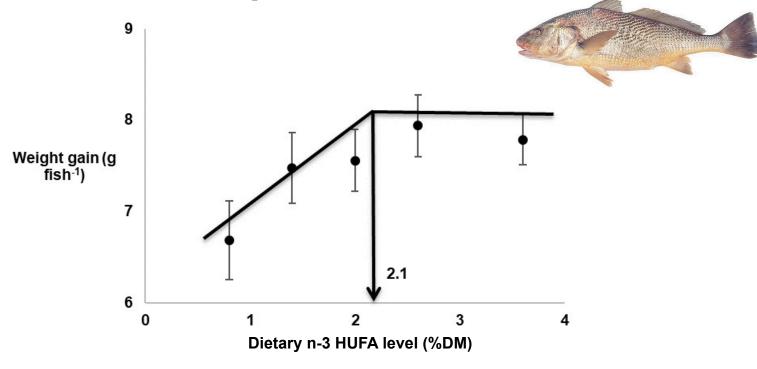
	Dietary n-3 HUFA level (%DM)						
	0.8	1.4	2.0	2.6	3.6		
Survival (%)	93.3±0.7	97.8±1.3	99.3±0.7	94.8±1.5	97.8±2.2		
Initial total length (cm)	6.4 ± 0.0	6.3±0.1	6.3±0.0	6.4±0.0	6.2±0.0		
Final total length (cm)	9.0±0.1°	9.4±0.1 ^b	9.3±0.1 ^{ab}	9.6±0.1*	9.3 ± 0.1^{bc}		
Initial body weight (g)	2.8 ± 0.1	2.8±0.1	2.7±0.1	2.7±0.1	2.6 ± 0.1		
Final body weight (g)	9.5±0.3 ^b	10.4±0.3*	10.2±0.4 ^{ab}	10.7±0.3*	10.4±0.3*		
WG (g)	6.7±0.4	7.5±0.4	7.6±0.3	8.0±0.3	7.8±0.2		
SGR (% day ⁻¹)	4.1 ± 0.1	4.3±0.2	4.5 ± 0.1	4.5±0.1	4.6 ± 0.1		
TGC	1.0 ± 0.0	1.1 ± 0.1	1.1 ± 0.0	1.2 ± 0.0	1.2 ± 0.0		
FI (g feed fish ⁻¹ day ⁻¹)	0.2±0.0	0.2±0.0	0.2±0.0	0.2±0.0	0.2±0.0		
FCR	0.3 ± 0.1	0.7±0.0	0.7±0.0	0.7±0.0	0.7±0.0		
K (%)	1.3 ± 0.0	1.3±0.0	1.3 ± 0.1	1.2 ± 0.1	1.3 ± 0.0		
PER	2.4 ± 0.2	2.6±0.1	2.5 ± 0.1	2.6±0.1	2.6 ± 0.1		

Different letters are significantly different (P<0.05)

Dietary n-3 HUFA increase was **significantly correlated** to final body weight (P=0.09, r^2 =0.82), WG (P=0.05, r^2 =0.86), SGR (P=0.01, r^2 =0.94) and TGC (P=0.01, r^2 =0.94).



Results- Growth performance



Requirement: 2.1% n-3 HUFA

Similar to what found for red seabream (Takeuchi et al., 1992a) and yellowtail (Takeuchi et al., 1992b), but higher than red drum (Lochman and Gatlin, 1993), seabream (Ibeas et al., 1996) and seabass (Skalli and Robin, 2004).

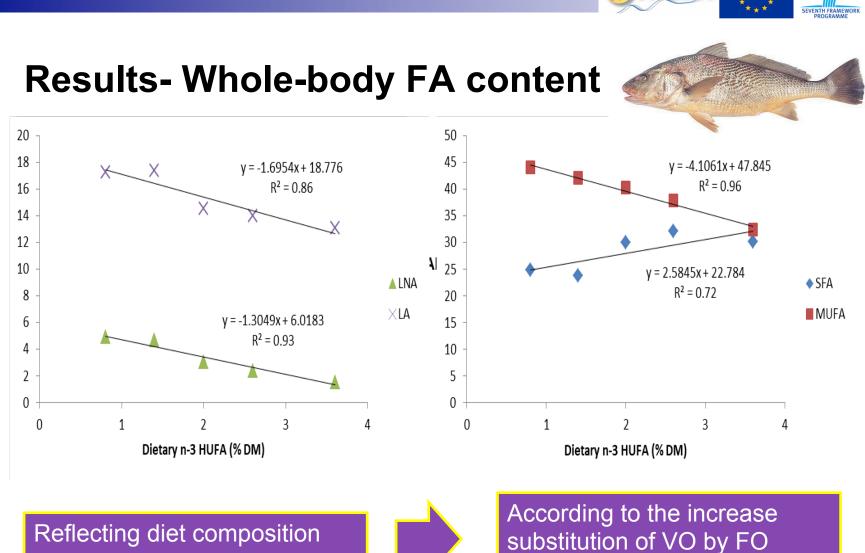




Results- Body composition (% wet weight)

	Dietary n-3 HUFA level (% DM)					
	Initial	0.8	1.4	2.0	2.6	3.6
Protein	15.6±0.49	15.8±0.17	16.1±0.12	15.6±0.28	16.3±0.50	16.0±0.61
Lipid	2.2±0.12	4.1±0.47	4.1±0.25	3.8±0.24	3.8±0.28	3.9±0.25
Ash	3.9±0.26	2.7±0.22	2.7±0.09	2.8±0.14	2.8±0.04	2.6±0.29
Moisture	78.6±0.28	78.1±0.82	77.7±0.03	78.0±0.60	78.5±0.13	78.7±0.20

No significant differences observed between fish fed different treatments.



DIVERSIFY

Reflecting diet composition

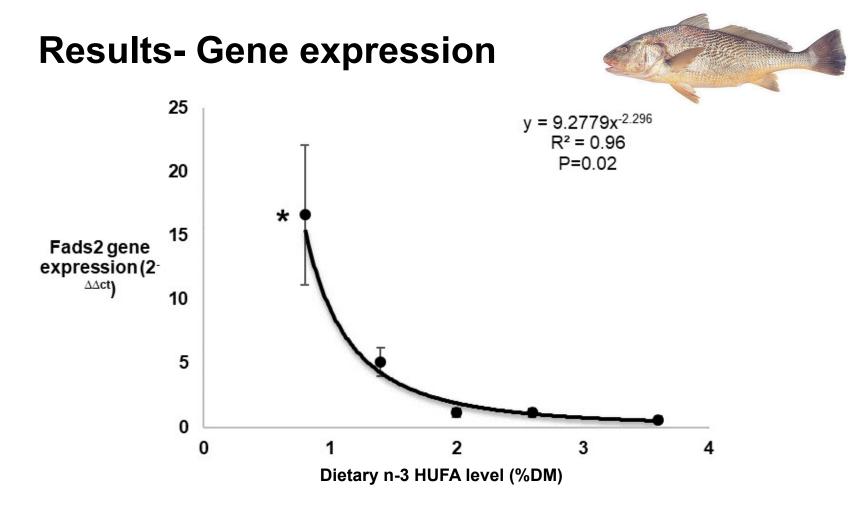


Results-FA rentention efficiency (% FA intake)

	Dietai	ry n-3 HUFA leve	el (% DM)	
0.8	1.4	2.0	2.6	3.6
251.9±43.0ª	125.7±16.5 ^b	55.1±16.2 ^b	47.2±1.2 ^b	37.7±1.4 ^b
190.8±44.8	107.8±14.7	48.2±13.7	40.9±2.4	65.5±12.6
23.3±3.6	26.9±4.7	14.6±4.3	18.9±3.3	30.0±3.2
25.7±5.3 ^b	38.7±4.1ªb	24.5±4.3 ^b	31.7±2.9 ^b	56.8±5.2ª
315.0±88.6ª	256.1±24.6ªb	136.6±12.9 ^{abc}	50.8±0.6 ^b	68.2±10.7 ^b
227.8±57.4ª	165.4±11.4ªb	114.2±12.8 ^{ab}	82.2±110.7 ^b	86.5±10.3ªb
55.0±18.2 🕊	57.2±2.8 🕊	28.7±8.9	32.9±3.0	53.1±6.7
25.0±6.7	31.3±4.4	13.3±4.7	17.9±4.1	30.3±4.3
56.1±5.8ª 🕊	41.4±3. ^b	41.5±4.7 ^b	37.5±0.7 ^b	39.9±3.7 ^b
	251.9±43.0ª 190.8±44.8 23.3±3.6 25.7±5.3 ^b 315.0±88.6ª 227.8±57.4ª 55.0±18.2 ☑ 25.0±6.7	0.8 1.4 251.9 ± 43.0^{a} 125.7 ± 16.5^{b} 190.8 ± 44.8 107.8 ± 14.7 23.3 ± 3.6 26.9 ± 4.7 25.7 ± 5.3^{b} 38.7 ± 4.1^{ab} 315.0 ± 88.6^{a} 256.1 ± 24.6^{ab} 227.8 ± 57.4^{a} 165.4 ± 11.4^{ab} 55.0 ± 18.2 57.2 ± 2.8 25.0 ± 6.7 31.3 ± 4.4	0.8 1.4 2.0 251.9 ± 43.0^{a} 125.7 ± 16.5^{b} 55.1 ± 16.2^{b} 190.8 ± 44.8 107.8 ± 14.7 48.2 ± 13.7 23.3 ± 3.6 26.9 ± 4.7 14.6 ± 4.3 25.7 ± 5.3^{b} 38.7 ± 4.1^{ab} 24.5 ± 4.3^{b} 315.0 ± 88.6^{a} 256.1 ± 24.6^{ab} 136.6 ± 12.9^{abc} 227.8 ± 57.4^{a} 165.4 ± 11.4^{ab} 114.2 ± 12.8^{ab} 55.0 ± 18.2 57.2 ± 2.8 28.7 ± 8.9 25.0 ± 6.7 31.3 ± 4.4 13.3 ± 4.7	251.9 ± 43.0^{a} 125.7 ± 16.5^{b} 55.1 ± 16.2^{b} 47.2 ± 1.2^{b} 190.8 ± 44.8 107.8 ± 14.7 48.2 ± 13.7 40.9 ± 2.4 23.3 ± 3.6 26.9 ± 4.7 14.6 ± 4.3 18.9 ± 3.3 25.7 ± 5.3^{b} 38.7 ± 4.1^{ab} 24.5 ± 4.3^{b} 31.7 ± 2.9^{b} 315.0 ± 88.6^{a} 256.1 ± 24.6^{ab} 136.6 ± 12.9^{abc} 50.8 ± 0.6^{b} 227.8 ± 57.4^{a} 165.4 ± 11.4^{ab} 114.2 ± 12.8^{ab} 82.2 ± 110.7^{b} 55.0 ± 18.2 57.2 ± 2.8 28.7 ± 8.9 32.9 ± 3.0 25.0 ± 6.7 31.3 ± 4.4 13.3 ± 4.7 17.9 ± 4.1

- Δ6 desaturase product
- ElovI5 product



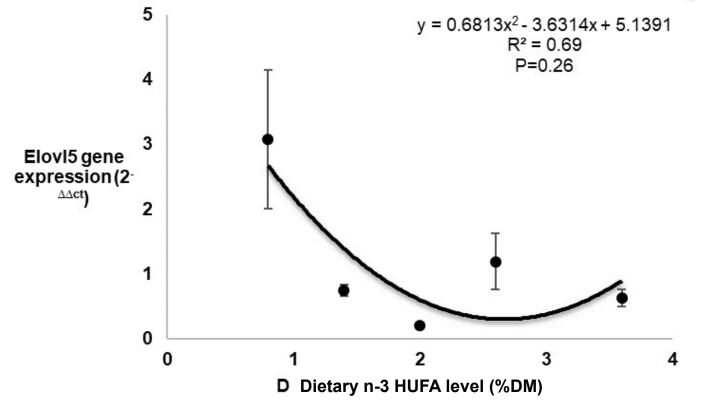


* indicates significance difference (P=0.04) compared to diet 3.6% n-3 HUFA Similar results found by Monroing et al., 2013



Results- Gene expression





Similar results found by Monroing et al., 2013



Meagre showed the ability to selectively conserve key FA, particularly DHA and ARA over other FA, in response to EFA-deficiency.

Meagre seems to have active Δ6 desaturase and ElovI5, but their activities being insufficient to produce enough DHA and EPA from PUFA precursors to sustain fast growth.

Meagre fingerlings have n-3 HUFA requirement around 2.1% DM in diets containing 16.5% DM lipids, 0.9 EPA/DHA and 0.4% ARA of total FA contents.







Dietary combinations of vitamin E, C and K affect the incidence of systemic granulomatosis in on-growing meagre (*Argyrosomus regius*)









Systemic granulomatosis in Canary Islands meagre





Objective



Grupo de Investigación en Acuicultura

To evaluate the effect of vitamins E and C and K on granulomatosis occurrence in meagre (Argyrosomus regius)

WP 24. Meagre health



Grupo de Investigación en Acuicultura					()	
Initial weight	79.6 ± 0	.3 g				
Initial density tank)	7.9 kg/m	1 ³ (50 fish/		Experir	nental d	esign
Tank volume	0.5 m ³					
Water temperature	17.6 to	21.6 °C		-74		
Feeding period	90 days					DA
			Diets			
Ingredients	0	K	EC	KEC	EECC	KEEC
Lutavit E-50 SKRETTING		0.0				
	0.0	0.0	300.0	300.0	700.0	700.0
Lutavit C Aquastab 35%	0.0 0.0	0.0 0.0	300.0 100.0	300.0 100.0	700.0 600.0	700.0 600.0

Crude Protein (%dw)	48.8 ± 0.1	49.6 ± 0.1	48.7 ± 0.2	48.6 ± 0.1	48.7 ± 0.3	48.5 ± 0.3
Crude Lipid (%dw)	17.9 ± 0.2	17.6 ± 0.1	19.5 ± 0.4	17.4 ± 0.3	17.7 ± 0.1	16.8 ± 0.2
Vitamin E (mg/kg)	158.7	172.5	283.6	276.5	416.4	449.2
Vitamin C (mg/kg)	16.6	19.0	71.1	72.4	227	240

KEECC

700.0

600.0



Growth performance

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Weight, length, weight gain, K, FCR and SGR calculated at 45 and 90 days of feeding

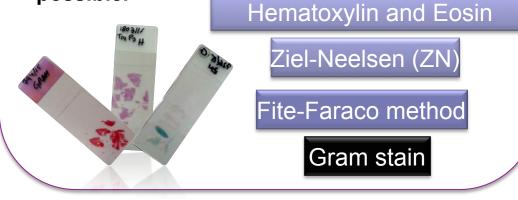


Histology

Samples of liver, kidney, heart and spleen

- 50 initial fish
- 23 fish / diet at 90 days

Kidney, heart and spleen were completely processed, liver was cut in several sections (5-6) to evaluate the largest tissue-surface possible.

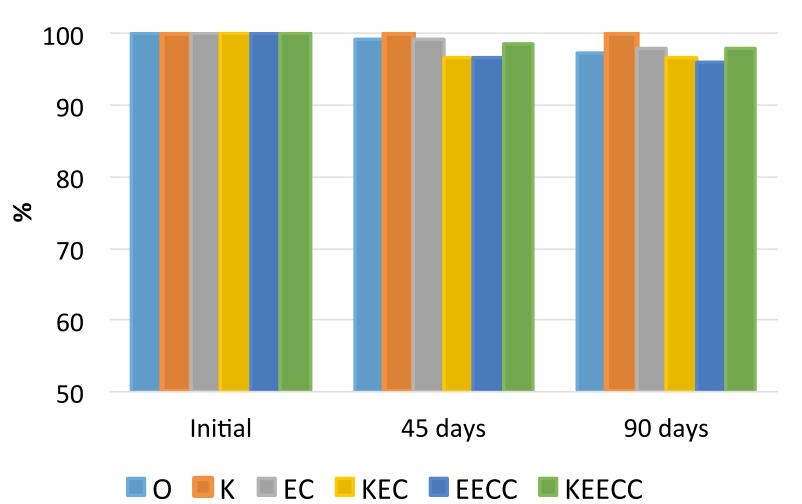


Analysis Nocardia culture Samples of liver, kidney, heart and spleen Culture medium: YEME Gram Stain





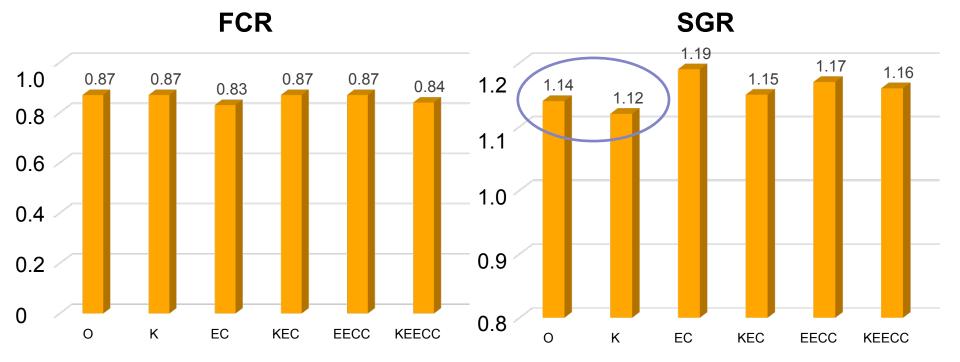
Survival was high (96-100 %) and no significantly affected by dietary vitamin levels Survival









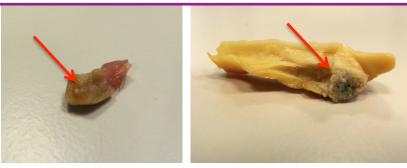


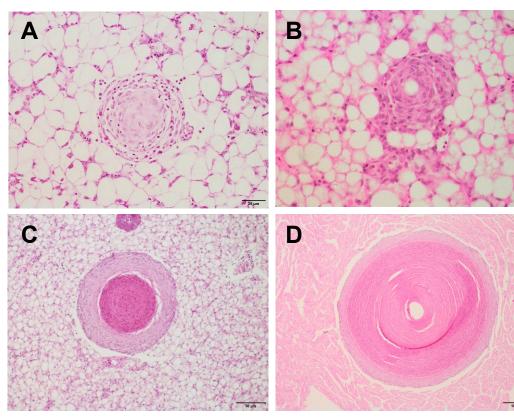
Growth was lower in meagre fed the lowest Vit E+Vit C levels





Macroscopic lesions in heart and liver only observed in 10 fish





Macroscopic and histological description

(A & B) Concentric layers of macrophages and inflammatory cells around vascular endotelial cells

(C) Necrotic center with external fibroblast layer and inflammatory cells

(D) Granuloma composed completely of laminar material

No calcification was observed in any of the granulomas studied



- None of the specific stains revealed the presence of bacteria
- Nocardia culture was negative

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 PCR negative to Nocardia performed in paraffin

samples

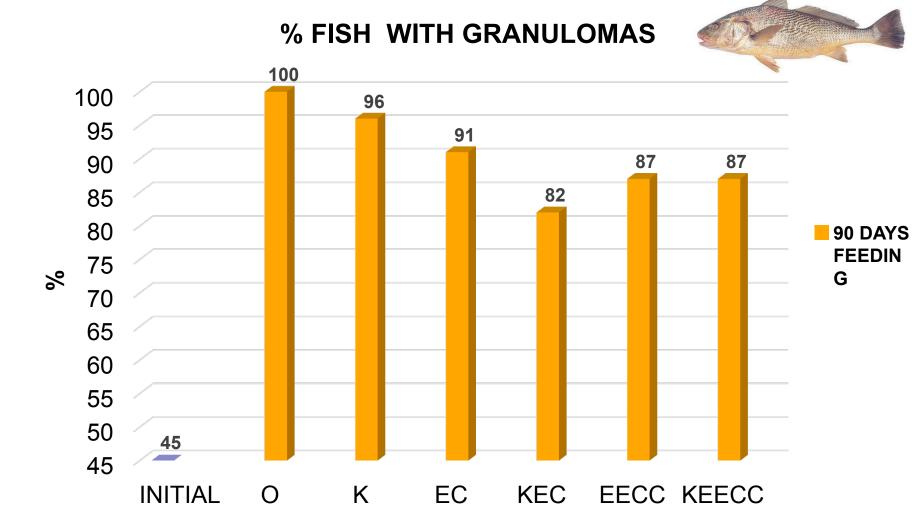


Zielh-Neelsen / Fite-Faraco / Gram stain



Negative results in Ziel-Neelsen, Fite-Faraco, Gram stain, bacterial cultures and PCR reinforce the non infectious character of the systemic granulomatosis in meagre (As was seen in larvae).





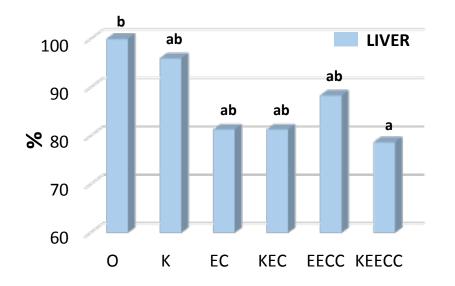


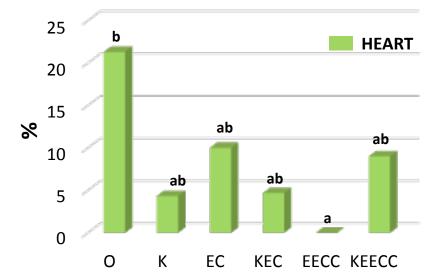
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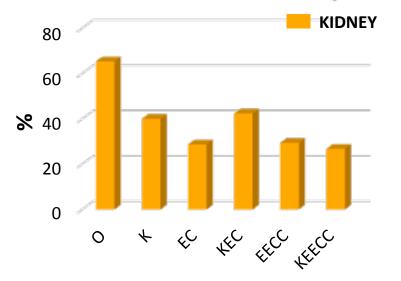




Effects of diets on granulomatosis incidence

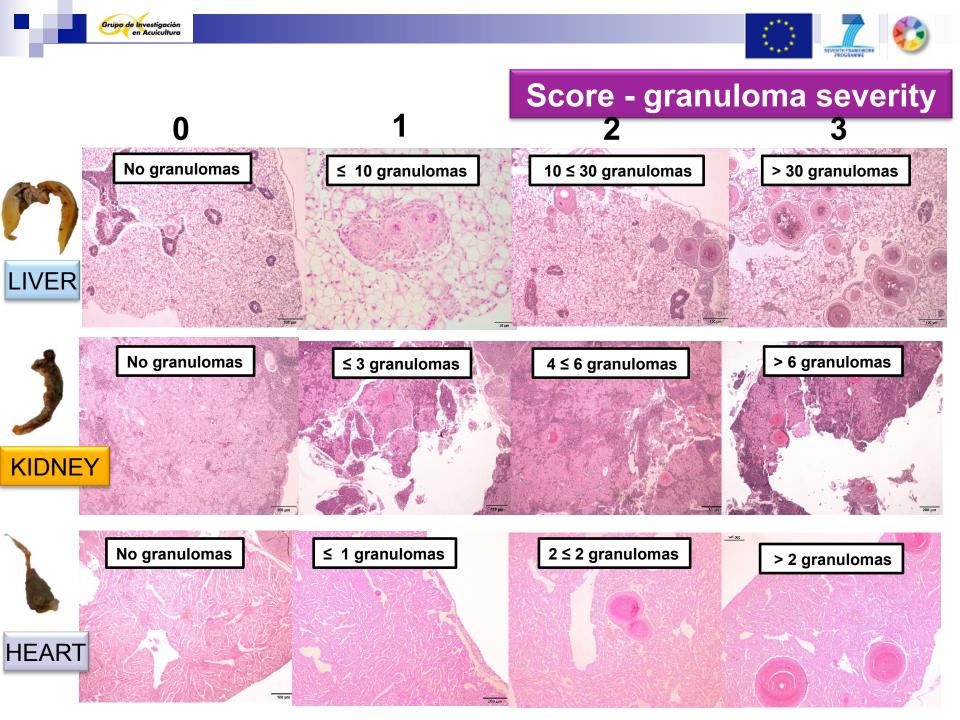






% FISH WITH GRANULOMAS IN DIFFERENT TISSUES

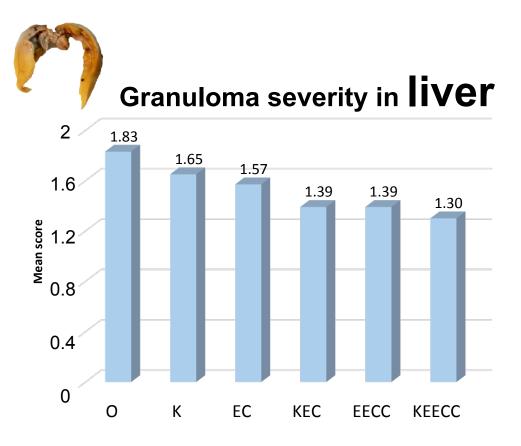




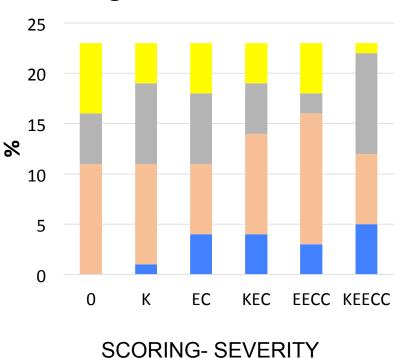




Effects of diets on granulomatosis severity



% Fish with different severity of granuloma in liver



0

1

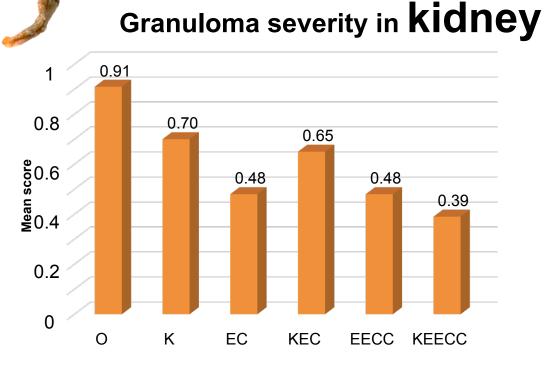
2

3

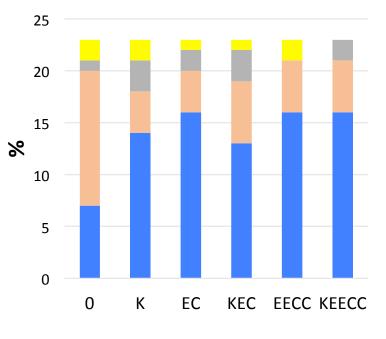




Effects of diets on granulomatosis severity



% Fish with different severity of granuloma in kidney

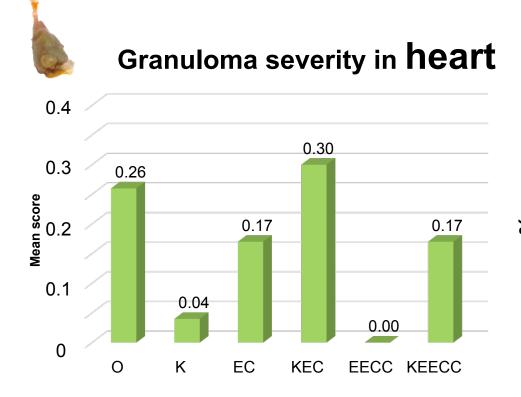




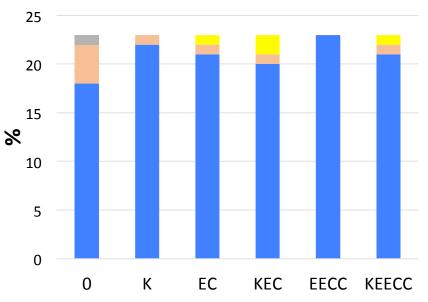


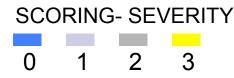


Effects of diets on granulomatosis



% Fish with different severity of granuloma in heart

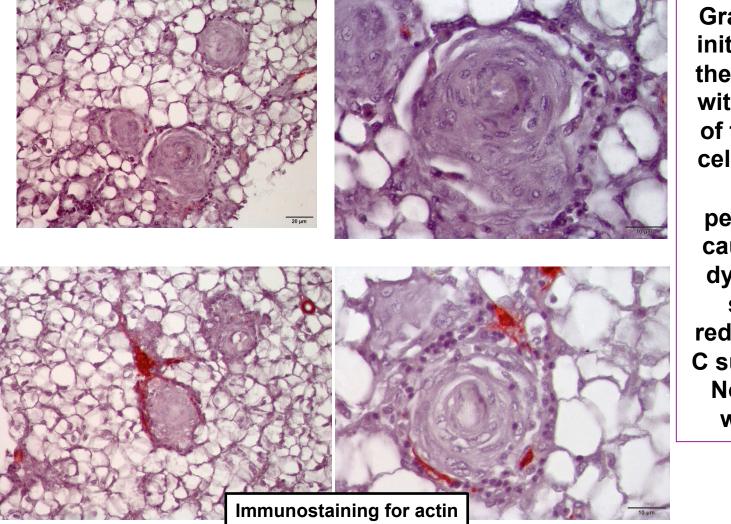






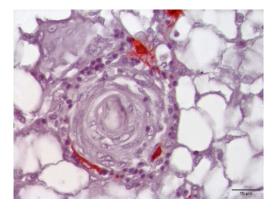


Granuloma formation



Granulomas were initiated always in the blood vessels, with inflammation of the endothelial cells, alteration of vascular permeability and causing vascular dysfunction, but severity was reduced by vit E & **C** supplementation No calcification was observed

Granuloma formation



Oxidative stress promotes vascular dysfunction, inducing altered vascular permeability and inflammation and the aberrant expression of inflammatory adhesion

Vitamin E and vitamin C counteract lipid peroxidative damage restoring vascular function and protecting endotelial tissue in blood vessels.

Vitamin K supplementation improves arterial stiffness in mammals and could contribute to reduce the severity of the lessions



Dietary addition of vitamins E and C improved meagre growth performance.

rupo de Investigació

- Increase in dietary vit E and C reduced granulomas incidence and severity, particularly with supplementation of vit K
- The granuloma formation was initiated in blood vessels were oxidative stress would affect endotelial tissue causing vascular dysfunction, altered vascular permeability and inflammation.



Aquaculture Research

Aquaculture Research, 2017, 48, 419–433

doi: 10.1111/are.12890

Thanks for your attention

The importance of dietary HUFA for meagre larvae (*Argyrosomus regius*; Asso, 1801) and its relation with antioxidant vitamins E and C

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Volume 498, 1 January 2019, Pages 606-620



Dietary combination of vitamin E, C and K affects growth, antioxidant activity, and the incidence of systemic granulomatosis in meagre (*Argyrosomus regius*)

Ruiz, M.A. ^a $\stackrel{\circ}{\sim}$ $\stackrel{\boxtimes}{\sim}$, Betancor, M.B. ^b, Robaina, L. ^a, Montero, D. ^a, Hernández-Cruz, C.M. ^a, Izquierdo, M.S. ^a, Rosenlund, G. ^c, Fontanillas, R. ^c, Caballero, M.J. ^a



Aquaculture Volume 488, 10 March 2018, Pages 105-113



Dietary requirement for n-3 long-chain polyunsaturated fatty acids for fast growth of meagre (*Argyrosomus regius*, Asso 1801) fingerlings

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Carvalho, M. <sup>a, b, c</sup> ∧ ⊠, Peres, H. <sup>b, c</sup>, Saleh, R. <sup>a, d</sup>, Fontanillas, R. <sup>e</sup>, Rosenlund, G. <sup>e</sup>, Oliva-Teles, A. <sup>b, c</sup>, Izquierdo, M. <sup>a</sup>
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