Salinity as the driving force of DHA synthesis in grey mullet juveniles

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Sodium potassium ATPase -Na⁺/K⁺ ATPase

- Active uptake and secretion of ions is energy consuming.
- Sodium potassium ATPase pumps are the main ions transporter. **Essential** for fish osmoregulation.
- **70%** of the cell's energy is utilized by Na⁺/K⁺ ATPase pumps.



Will efficient osmoregulation boost growth?







What we already know

- Reduced gill Na+/K+ ATPase activity, at isosmotic salinities, will lead to reduced energy use thereby higher growth rates (Gaumet et al., 1995; Imsland et al., 2001).
- Omega3 fatty acids promotes adaptive physiological responses to hypersalinity (Carrier et al., 2011).
- DHA content in cell membranes determines molecular activity of the Na+/K+ ATPase (turner et al 2003).











DHA's source in freshwater and marine fish









Research aims

- **To determine** the effect of salinity and DHA on grey mullet juvenile growth.
- **To characterize** sodium potassium ATPase pump activity, in gills epithelium.
- **To quantify** expression of genes related to DHA synthesis.
- **To establish** the relationship between the expression of these genes and environmental salinity.







Experimental design

- * DPH Days post hatch
- * % DHA of total lipid









Growth Performance (89DPH)









Does DHA affect osmoregulation?





Can mullets synthesize DHA?







DHA's metabolic pathway









15

$\Delta 6$ Desaturase ($\Delta 6 D$) expression in the liver









Elongase expression in the liver



Salinity (‰)







How does the liver detect the change in the environment?









DHA regulates PPARa expression









Salinity regulates SREBP-1 expression



Salinity (‰)







Suggested model for DHA synthesis



Practical take home message

For improved and cost effective grow-out of mullet

- Lower (ca 7% TFA) dietary DHA (expensive dietary component) is sufficient under low salinity (e.g. 15 ‰) rearing conditions.
- Provided there is a source of linolenic acid (18:3n-3) in the dietary oil (e.g. soybean oil) which will serve as a precursor for elongation and desaturation enzymes to synthesize DHA.







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